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ARBA MINCH UNIVERSITY
SCHOOL OF PEDAGOGICAL & BEHAVIORAL SCIENCES
DEPARTMENT OF PSYCHOLOGY

Mid Exam

Course Title: General Psychology
Course Code: psyc-1011
Time given: 30min

Academic Year: 2024
Semester: I
Date: Jan 1, 2024

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Name: _____ ID/NO _____ Sec _____

Part I: TRUE/FALSE (1pt each)
INSTRUCTION: Read the following statements and write "**True**" for correct statement and "**False**" if the statement is incorrect on the answer sheet provided at end of the page.

1. In perceptual constancy, the perceived size of an object is the same respective of its distance.
2. The goal of description in psychology involves observing and recording behaviors.
3. A person with high self-esteem does not admit his/ her strengths and shortcomings.
4. Managing anger effectively requires awareness of one's physical and mental resources.
5. Explaining concepts to someone else is a highly effective study technique.
6. Behaviorists believed that psychology as the study of feelings, images and sensations.

Part II: MATCHING (1pt each)
INSTRUCTION: Match the descriptions of factors that affect attention listed under column "A" with their best fits listed under column "B". Write the answers on the answer sheet provided at end of the page.

N	A	N	B
7.	The bigger a stimulus is the more it captures attention.	A.	Contrast
8.	The strange a stimulus is the more it captures attention.	B.	Movement
9.	The colorful a stimulus, the more attention it grasps.	C.	Size
10.	The more interesting a stimulus, the more we concentrate.	D.	Expectancy
11.	The more a stimulus occurs frequently, the better we understand.	E.	Novelty
		F.	Motive
		G.	Repetition
		H.	Experience

19. A researcher finds a correlation between the amount of time spent on social media and levels of depression in a group of college students. What can be concluded?
A. Spending more time on social media causes depression.
B. Depression causes people to spend more time on social media.
C. There is a cause-effect relationship between social media use and depression.
D. There is a relationship between social media use and depression, but causation cannot be determined.

20. Students are given two glasses of water, one with a small amount of salt added. They are asked to identify which glass contains the salt water. This experiment helps measure the ability of:
A. Absolute threshold
B. Difference threshold
C. Sensory adaptation
D. Selective attention

21. Which one of the following involves prioritizing tasks and maximizing productivity?
A. Decision making
B. Time management
C. Problem solving
D. Emotional intelligence

22. How can positive peer pressure influence individuals?
A. Encouraging them to engage in risky behaviors.
B. Promoting negative self-esteem and low confidence.
C. Leading them to isolate themselves from others.
D. Inspiring them to try new things and achieve goals.

23. Which of the following is a key component of resilience?
A. Giving up easily.
B. Avoiding challenges.
C. Having a positive outlook.
D. Blaming others for problems.

24. Which term refers to your belief in your ability to succeed in a specific task?
A. Self-confidence B. Self-awareness C. Self-concept D. Self-esteem

25. Which of the following is NOT a key component of self-esteem?
A. Feeling competent in your abilities.
B. Believing you are worthy of love and respect.
C. Being able to accurately assess your strengths and weaknesses.
D. Feeling superior to others.

26. How does retinal disparity help us perceive depth?
A. By sensing how much our eyes move inward when focusing on an object.
B. By observing how objects appear smaller as they move farther away.
C. By comparing the slightly different images from each eye.
D. By noticing how objects are partially hidden by other objects.

Part III: MULTIPLE CHOICES (1pt each)
INSTRUCTION: Choose the best answer and write it on the answer sheet provided in your
of the page.

12. Which one of the following describes Psychology as a scientific study?
A. Subjective interpretation of data.
B. Research findings are based on personal opinions.
C. A systematic and objective way to study human behavior.
D. Eliminates critical thinking in psychological research.

13. Which of the following best describes the relationship between behavior and mental processes?
A. Behavior is exclusively internal, while mental process is external.
B. Mental processes are exclusively responsible for shaping behavior.
C. Behavior and mental processes are intertwined and influence each other.
D. There is no significant relationship between behavior and mental processes.

14. The early school of thought that focused on the "why" question is
A. Structuralism
B. Functionalism
C. Behaviorism
D. Psychoanalysis

15. Which one of the following is the key concept of Gestalt psychology?
A. Introspection
B. Reinforcement
C. Sensation
D. perception

16. How did the establishment of the first psychology laboratory contribute to the field of psychology?
A. It led to the development of psychoanalysis.
B. It marked the beginning of behaviorism.
C. It helped to establish psychology as a scientific discipline.
D. It proved that the mind could not be scientifically studied.

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17. Which of the following is NOT an example of how the "whole is greater than the sum of its parts" principle applies to human experience?
A. The taste of a single spice in a dish.
B. The feeling of joy experienced at a concert.
C. The understanding of a complex story.
D. The appreciation of a beautiful painting.

18. Which of the following best describes sensation?
A. Interpretation of sensory information.
B. Detection of sensory information.
C. Understanding of sensory information.
D. Responding to sensory stimuli.